

# Rapid susceptibility testing: new phenotypic and non-WGS genotypic approaches

**BSAC Spring Conference 2018**

Next generation Antimicrobial Susceptibility Testing of Bacteria

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# Competing interest

Nothing to declare

High tech  
Novel  
Fascinating



Low tech  
Well validated  
Not as exciting

# How rapid is rapid?

**Empiric  
therapy?**

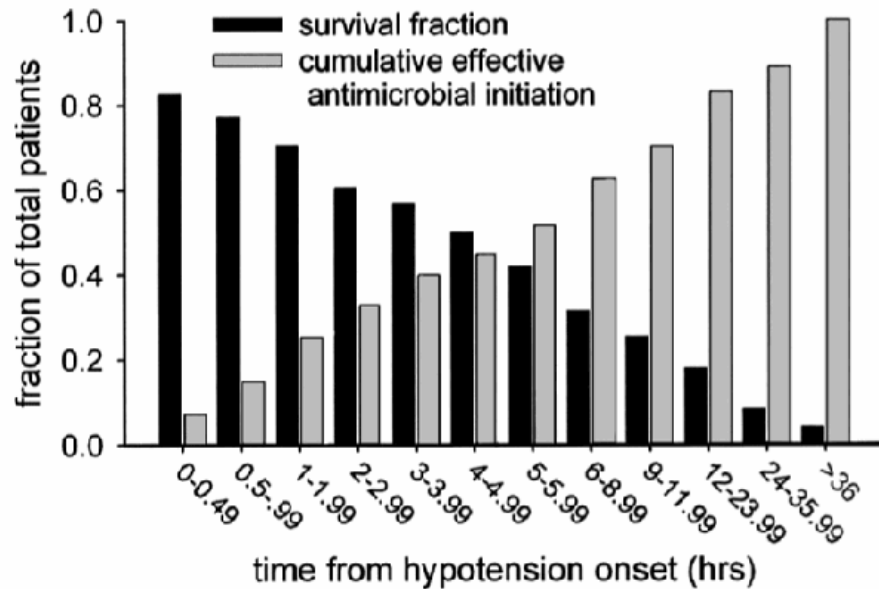
**Clinical chemistry**



**Clinical microbiology**



# Time is critical – Rapid species ID



Kumar et al. Crit Care Med. 2006 Jun;34(6):1589-96

## Blood Culture Assays

PNA-FISH

QuickFISH

MALDI-TOF

Gene Xpert MRSA/SA BC

Verigene blood culture

FilmArray

## Whole blood assays

Light Cycler SeptiFast

SeptiTest

T2 Candida

# Rapid genotypic AST

Very rapid  $\approx$  1 hour

Detection of a limited number of known mechanisms of resistance (*mecA*, *vanA/B*, *KPC*, *NDM*...)

Can at best predict resistance

Can never guarantee susceptibility

**Global AMR - endemic**

**Local AMR - epidemic**

Of limited use

Useful

# New phenotypic approaches

## Common features:

Short or very short exposure to the antibiotic in question

High-sensitive detection of growth or changes in phenotype

Calorimetry

Mean microbe mass

Two-photon excitation fluorescence

Flow cytometry

Time-lapse microscopy

**< 8 h**



# Accelerate PhenoTest™ BC

**Sample:** positive blood culture bottles  
**Technique:** time-lapse microscopy  
**AST results** 7 h + blood culture incubation time

**Pros:**  
FDA approved  
Several recently published peer-reviewed papers  
Good categorical agreement with BMD

**Cons:**  
Single sample  
Cost  
Performance in difficult isolates?  
Colistin



# QuantaMatrix dRAST™

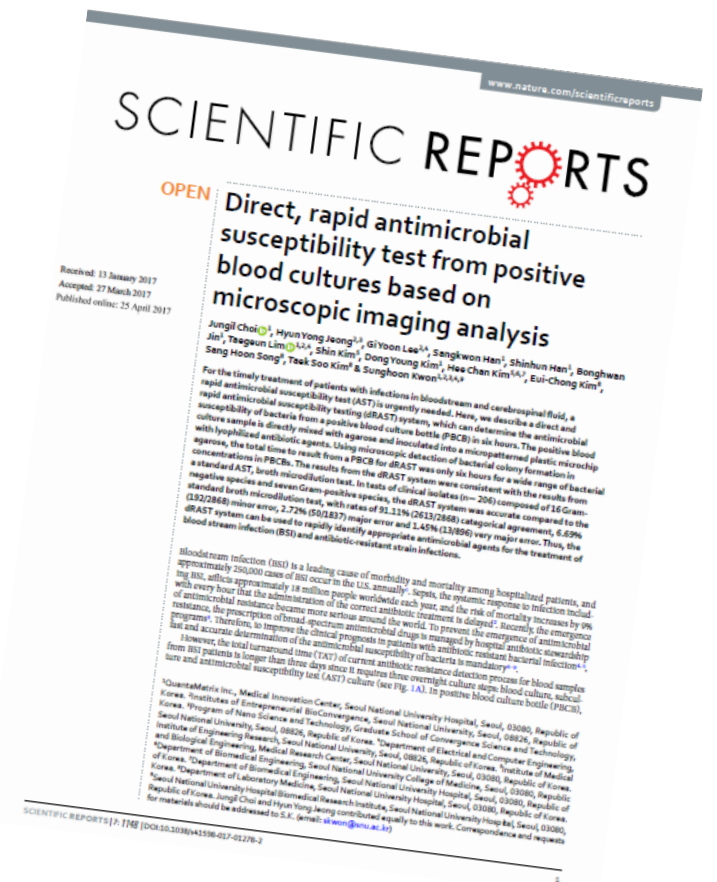
**Sample:** positive blood culture bottles  
**Technique:** time-lapse microscopy  
**AST results** 6 h + blood culture incubation time

## Pros:

22 different antibiotics  
Some peer-reviewed papers  
Good categorical agreement with BMD

## Cons:

Single sample Performance in difficult isolates?  
Cost?



# **Rapid AST directly from positive blood culture bottles using disk diffusion**

**A EUCAST standard method.  
Implementation 2018**

# EUCAST RAST blood culture field trial

44 laboratories signed up for the study

40 participated and delivered results and all strains

Denmark (3), Finland (3), Iceland (1), Ireland (1),  
Norway (11) and Sweden (21)

Blood culture systems:

BD BACTEC n=17  
bioMerieux BacT/ALERT n=23

Disk manufacturers: 4

MH manufacturers: 6

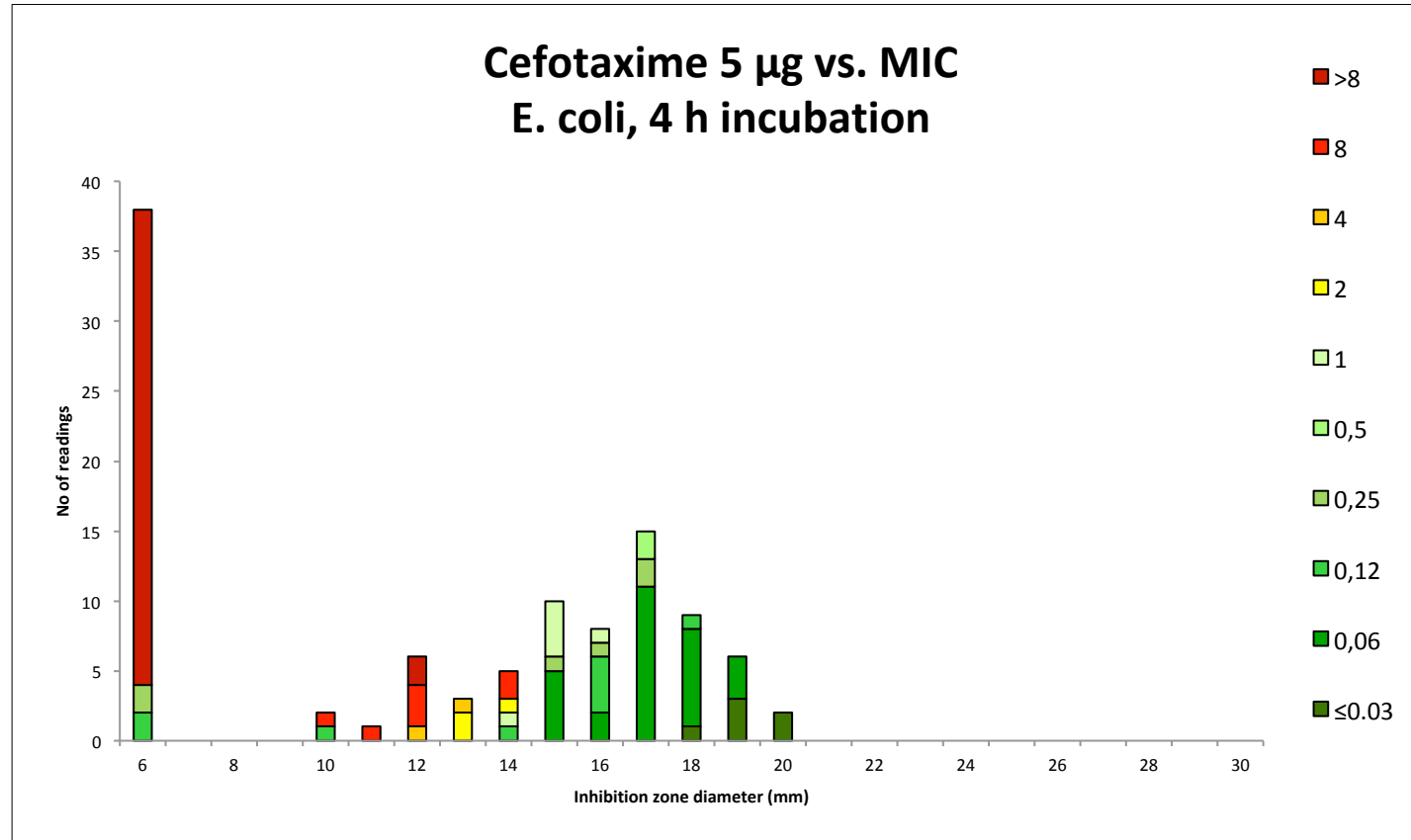
Reference: BMD + standard EUCAST disk diffusion (16-20h)

Species	Number
<i>E. coli</i>	436
<i>K. pneumoniae</i>	64
<i>Ps. aeruginosa</i>	37
Other gram negatives	52
<i>S. aureus</i>	270
Coagulasnegative staph.	357
<i>S. pneumoniae</i>	35
<b>Total number</b>	<b>1251</b>

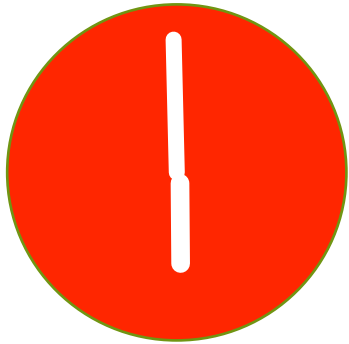
# Rapid Disk Diffusion – RAST EUCAST



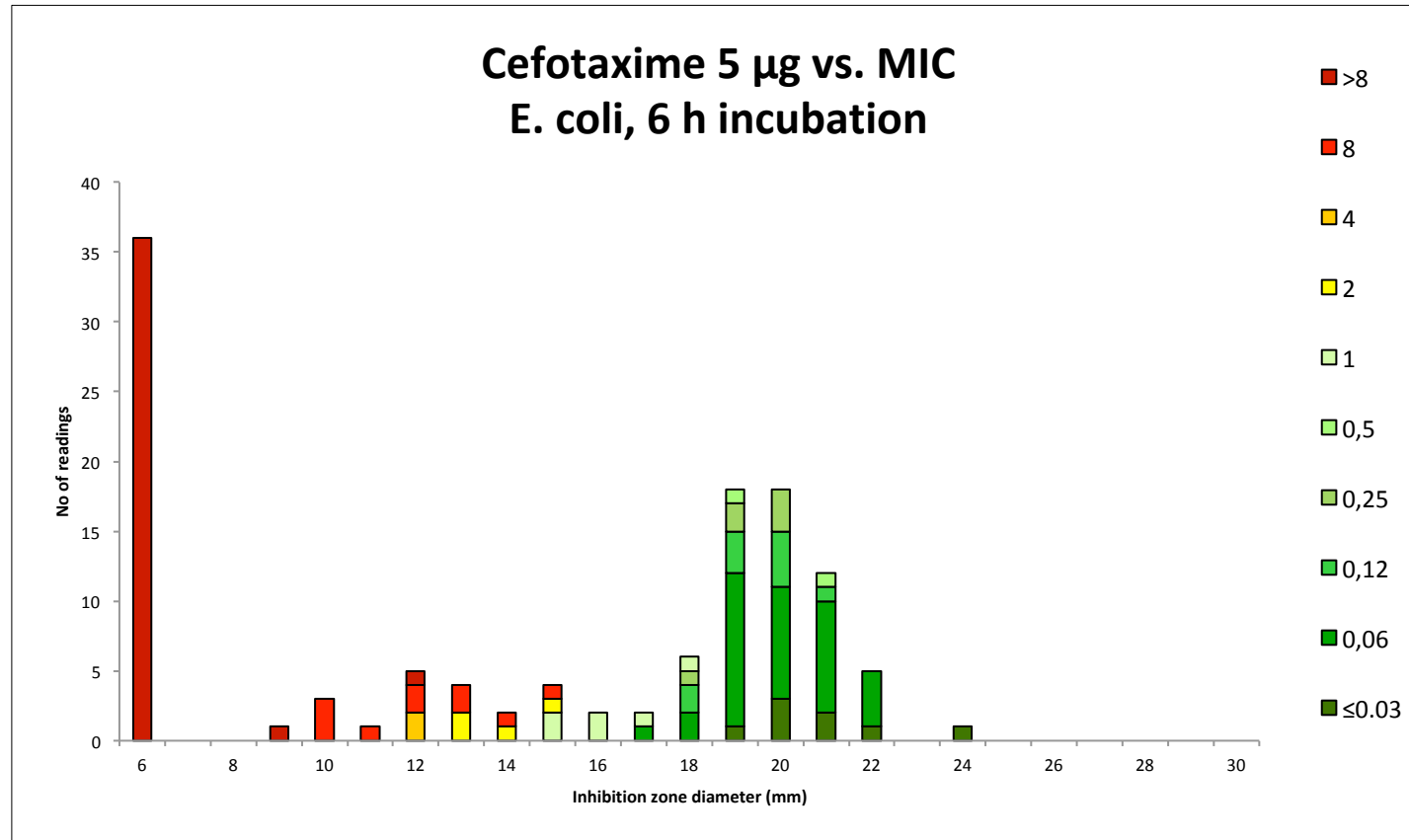
4 h



# Rapid Disk Diffusion – RAST EUCAST



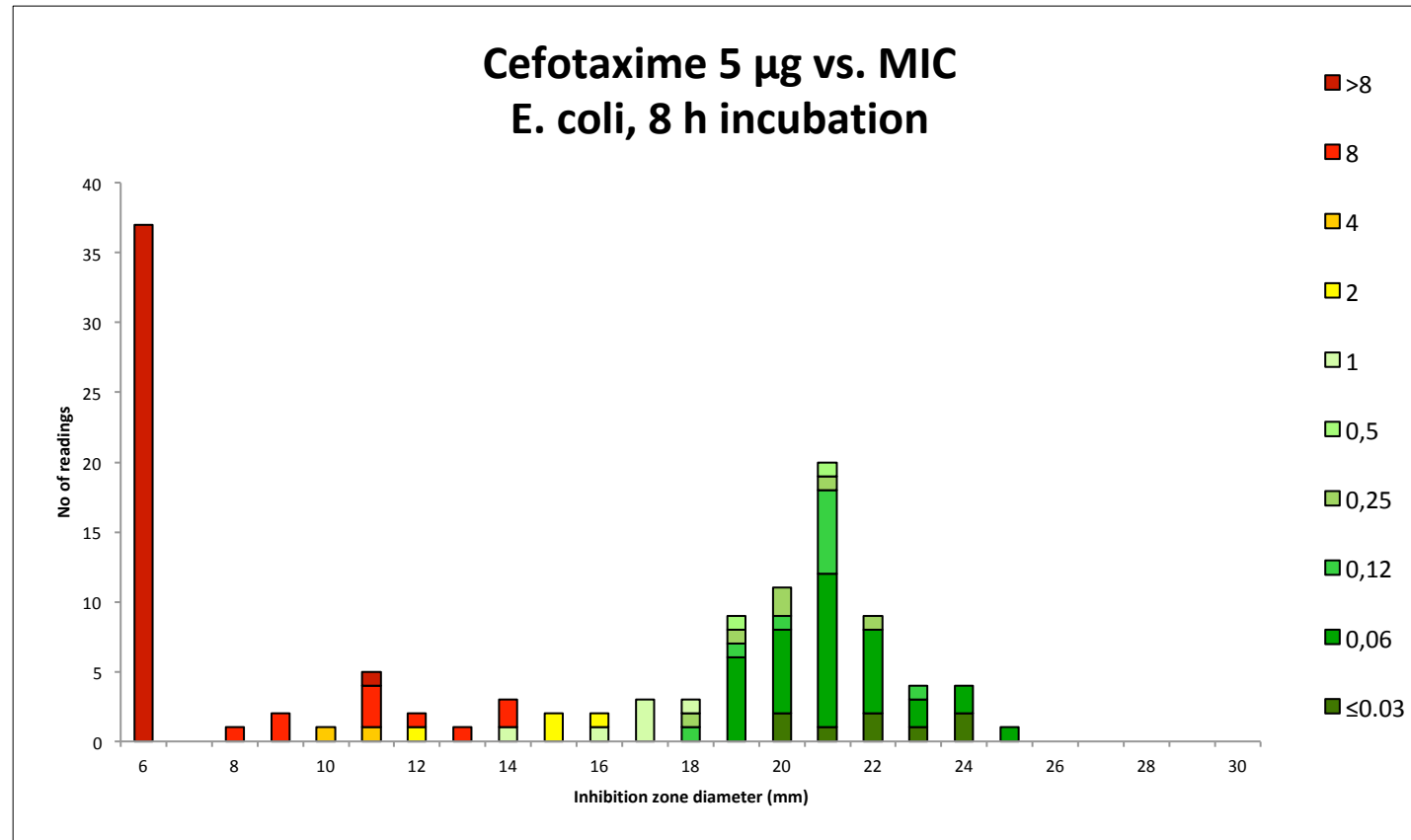
6 h



# Rapid Disk Diffusion – RAST EUCAST



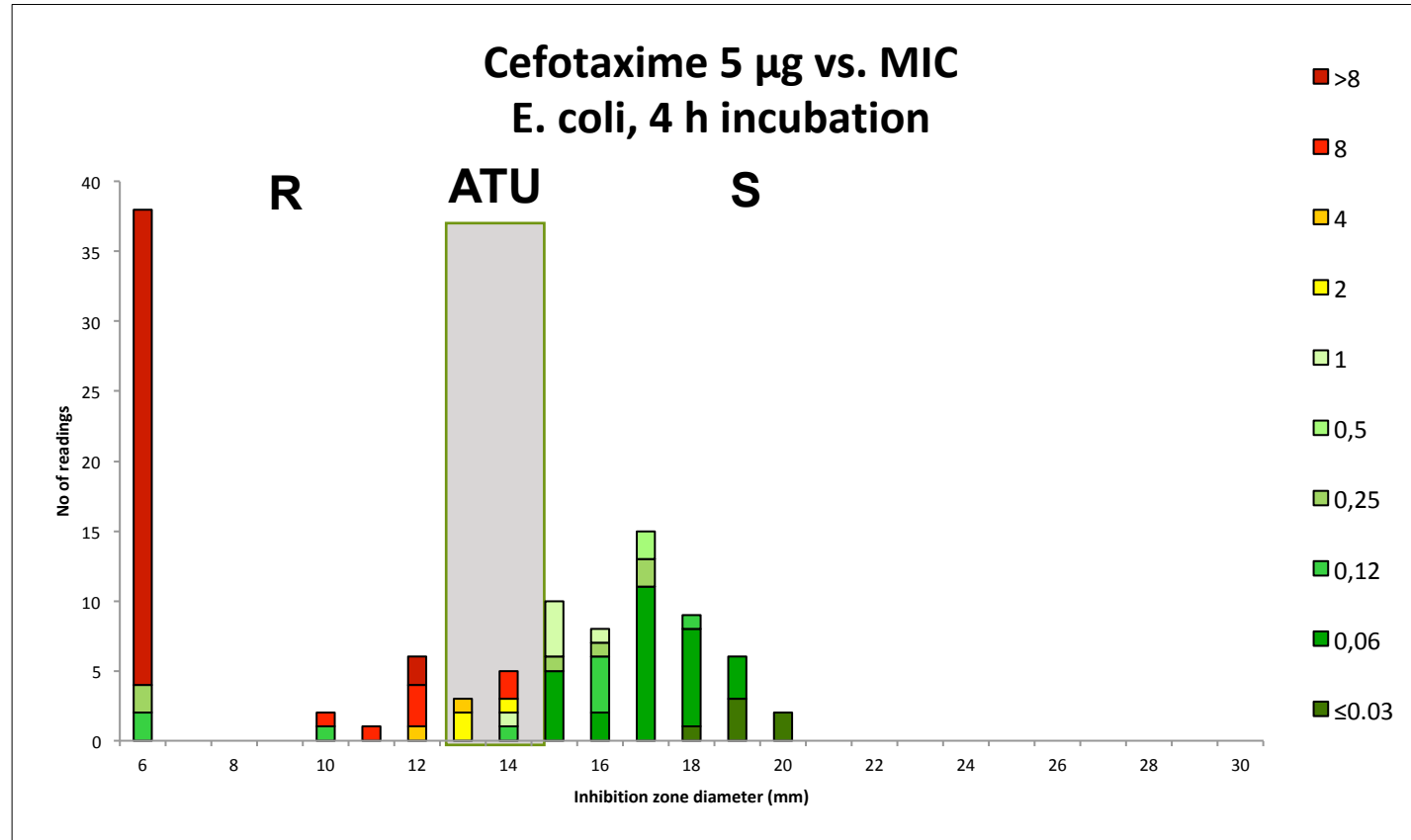
8 h



# Rapid Disk Diffusion – RAST EUCAST



4 h

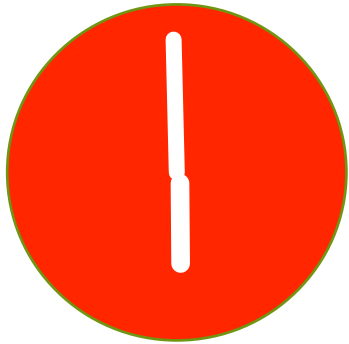


Only **S** or **R**, no intermediate results  
**ATU** - Area of technical uncertainty

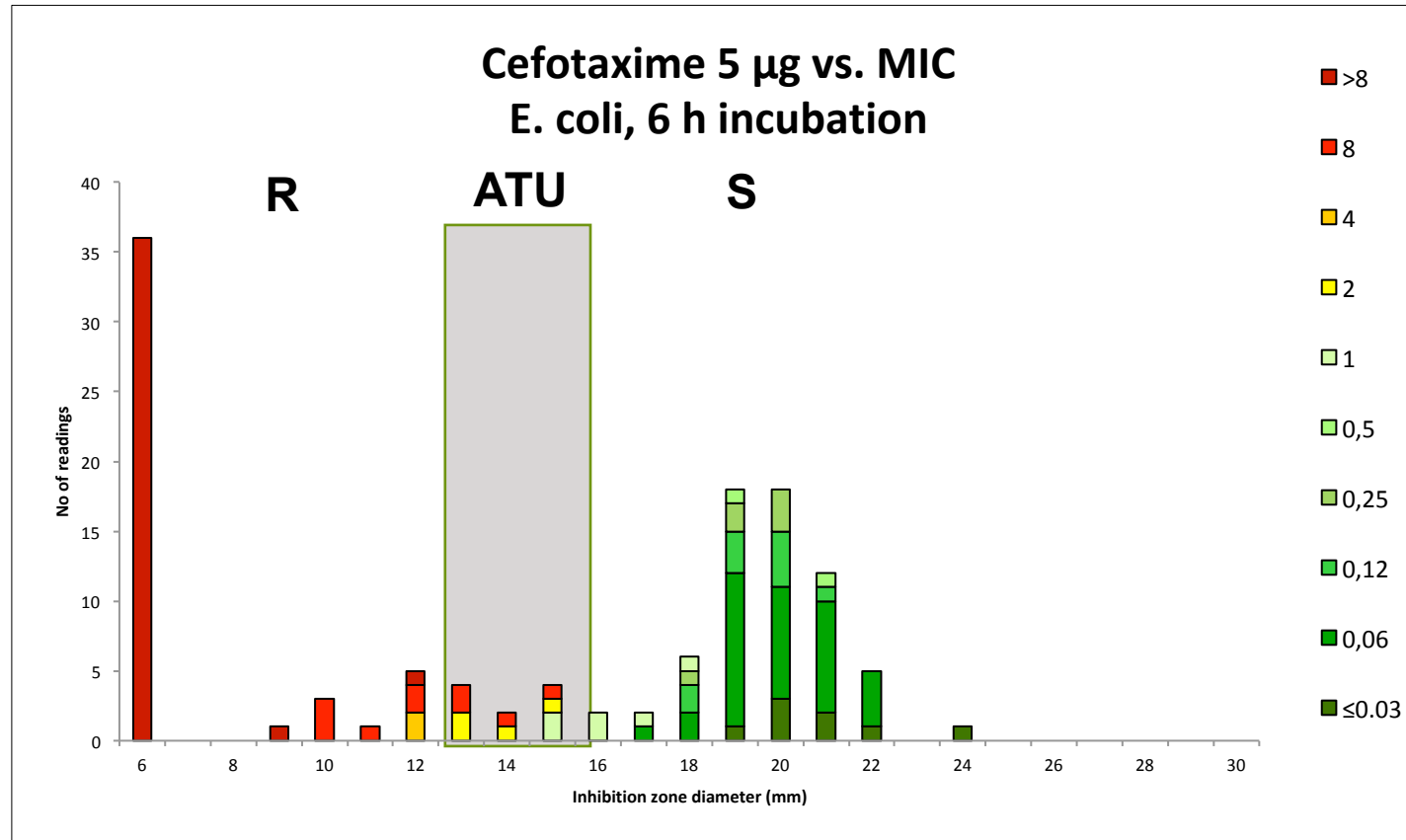




# Rapid Disk Diffusion – RAST EUCAST



6 h



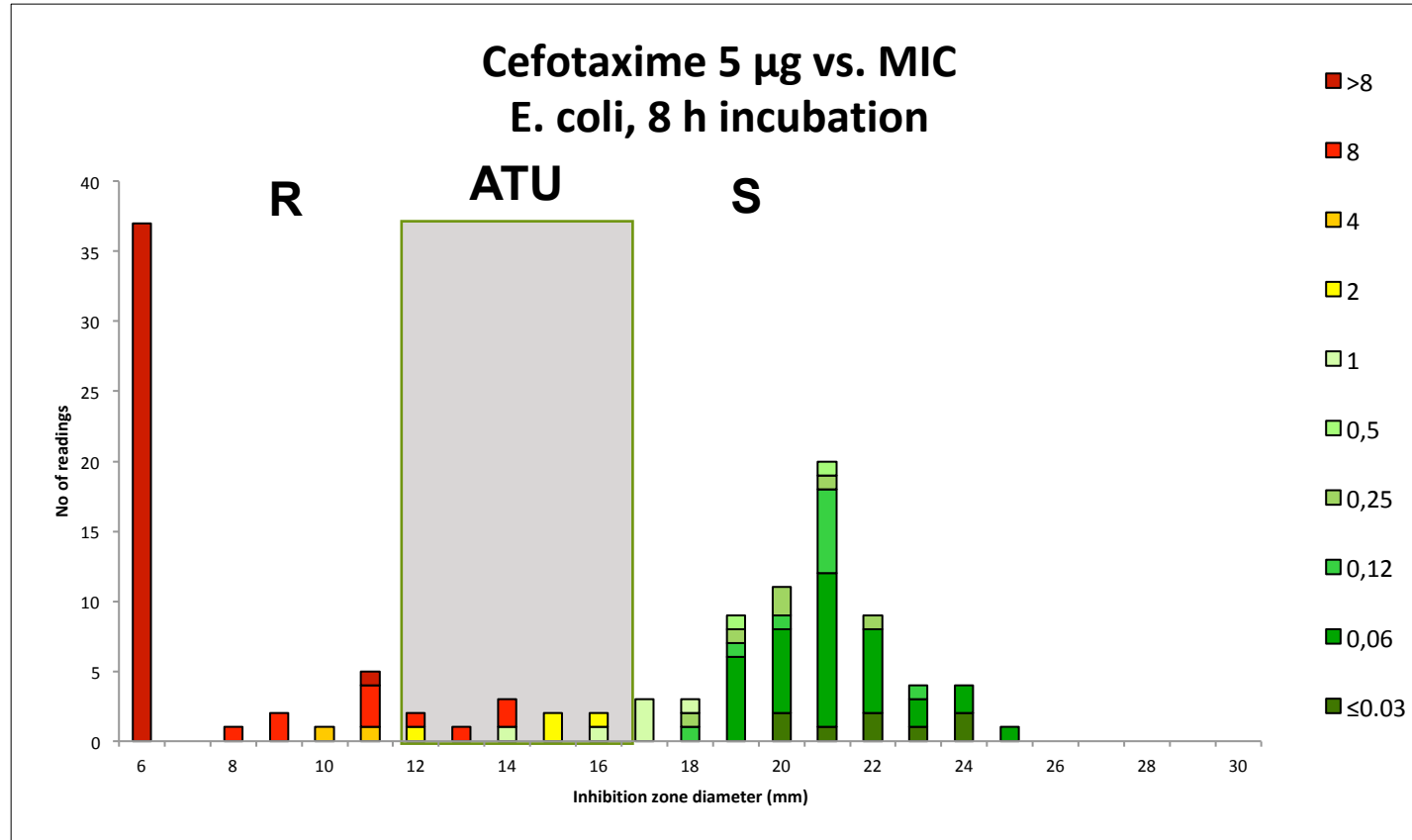
Only **S** or **R**, no intermediate results  
**ATU** - Area of technical uncertainty



# Rapid Disk Diffusion – RAST EUCAST



8 h



Only **S** or **R**, no intermediate results  
**ATU** - Area of technical uncertainty

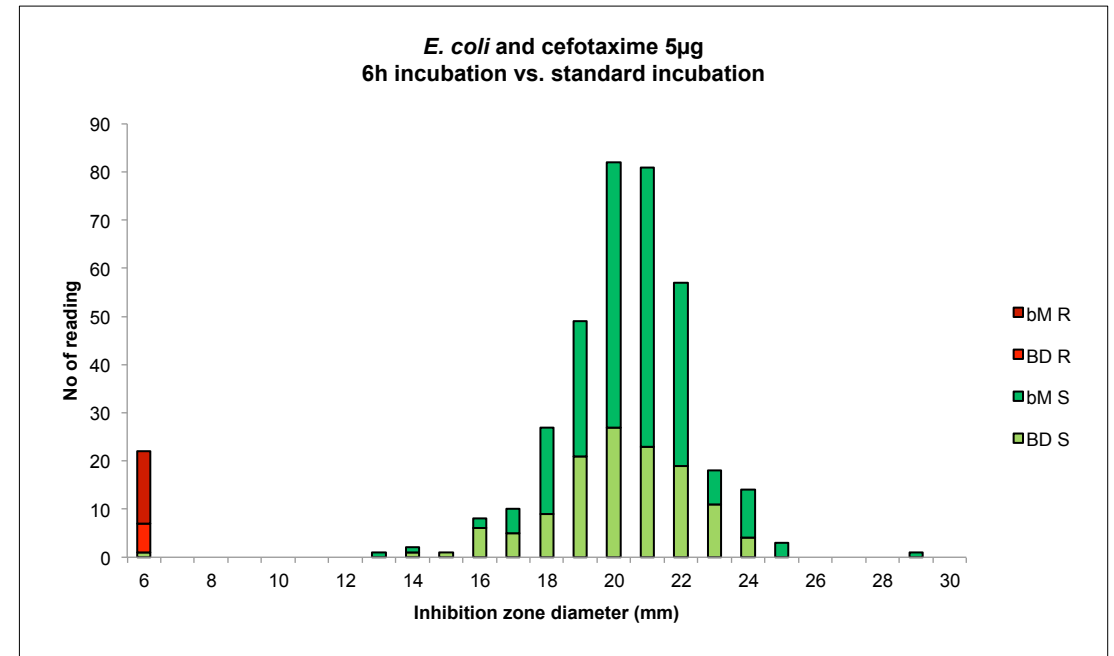
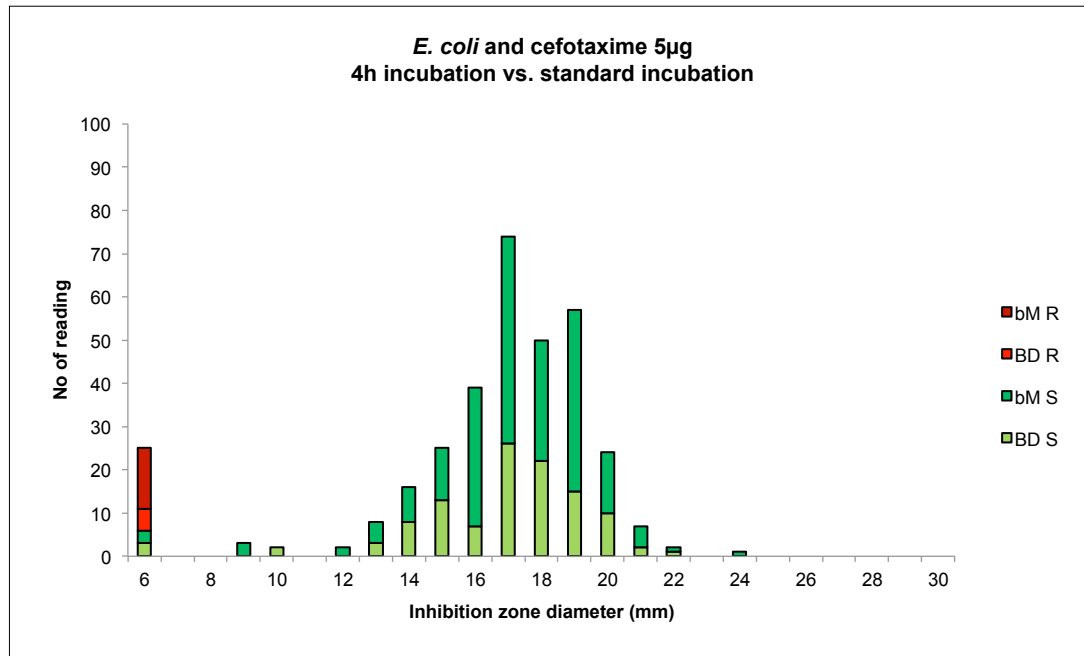


# RAST vs. standard disk diffusion - *E. coli*

	<i>E. coli</i> (n=386) Cefotaxime, ceftazidime, piperacillin-tazobactam, meropenem, ciprofloxacin,			<i>E. coli</i> (n=386) Piperacillin-tazobactam excluded		
Incubation time	4h	6h	8h	4h	6h	8h
Number of possible tests <sup>a</sup>	3 088	3 088	3 088	2 702	2 702	2 702
Number of performed tests <sup>b</sup>	3 034	3 027	2 768	2 651	2 645	2 419
Number of zones registered <sup>c</sup>	2 756	2 993	2 752	2 415	2 613	2 404
	<b>Categorical agreement (%)</b>					
Correct	77	81	84	88	93	95
mE	0.3	0.1	0.1	0.2	0.2	0.1
ME	1.6	0.4	0.2	1.8	0.5	0.3
VME	0.1	0.1	0.1	0.1	0.1	0.1
ATU	20	18	16	10	6.2	4.0



# Two different blood culture systems



# RAST vs. standard disk diffusion - *S. aureus*

	<i>S. aureus</i> (n=242)		
	Cefoxitin, norfloxacin, erythromycin, gentamicin		
Incubation time	4h	6h	8h
Number of possible tests <sup>a</sup>	968	968	968
Number of performed tests <sup>b</sup>	952	956	892
Number of zones registered <sup>c</sup>	623	880	844
	Categorical agreement (%)		
Correct	66	92	95
mE	0.0	0.0	0.0
ME	8.5	0.3	0.4
VME	0.2	0.3	0.5
ATU	25	7.2	4.0



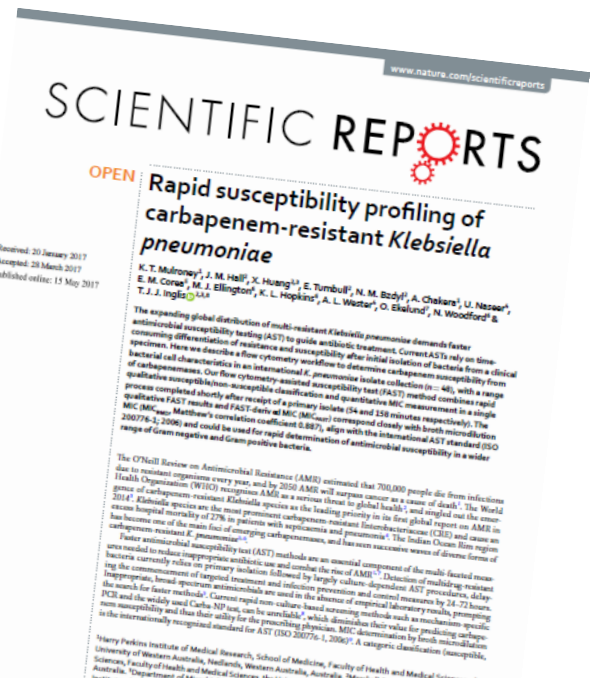
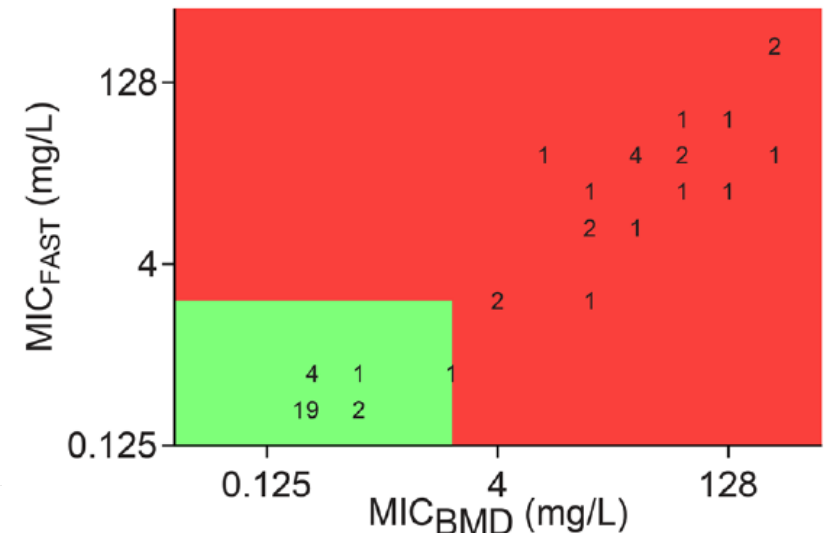
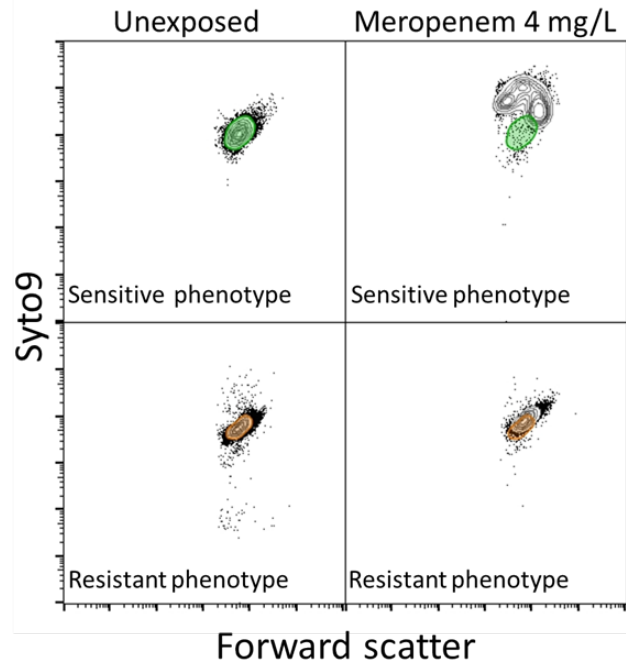
**< 4 h**

# Flow cytometry AST - FAST

Meropenem, *K. pneumoniae*  
Exposure time = 30 min

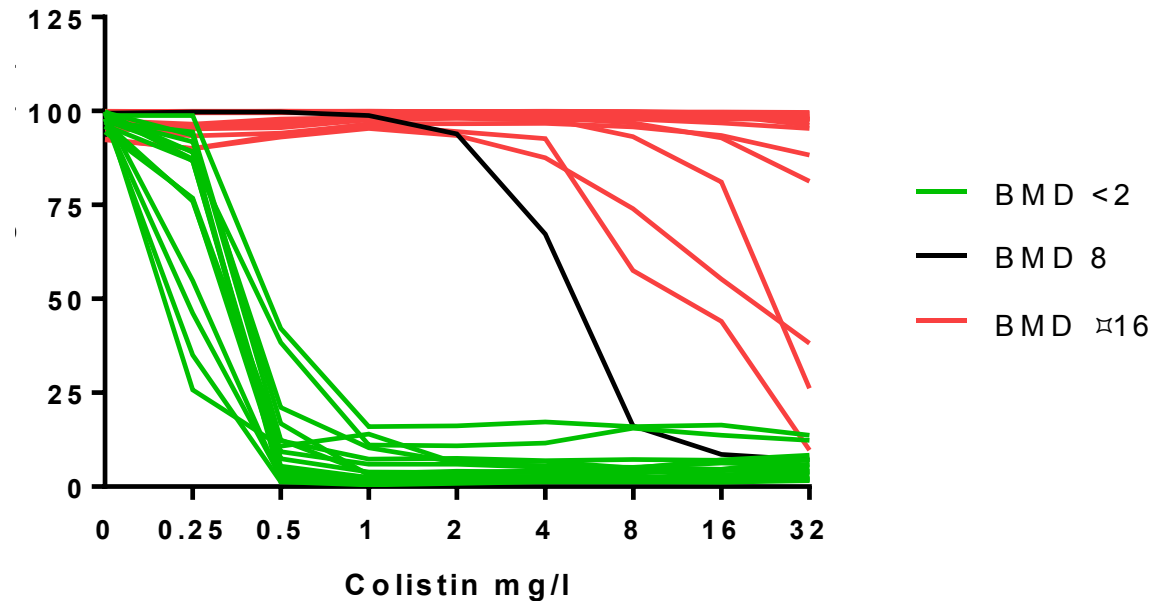
MIC determination  
Based on morphological changes

Total time to results  
= 90-150 min



# Flow cytometry AST - FAST

Colistin, *K. pneumoniae*  
Exposure time = 30 min

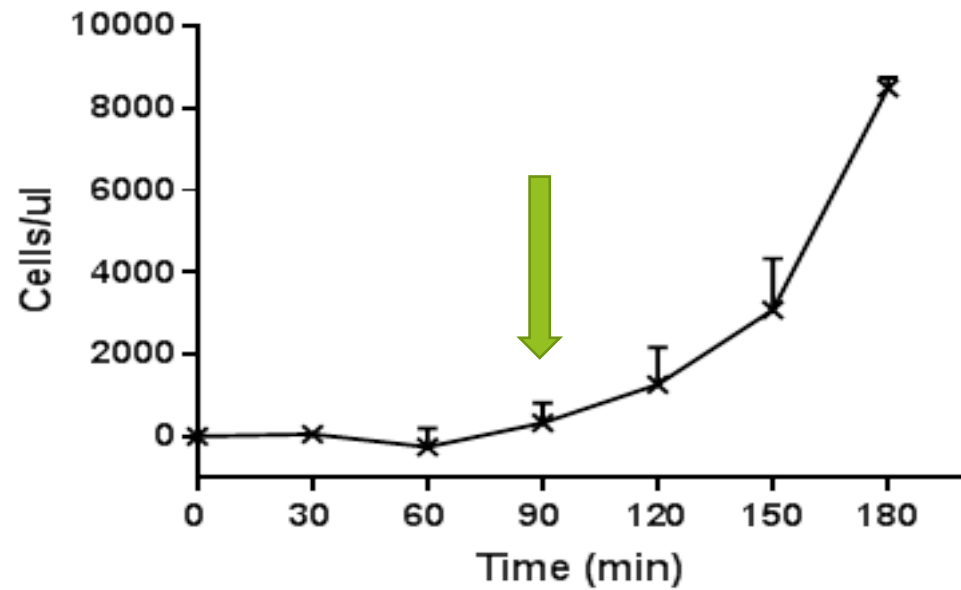




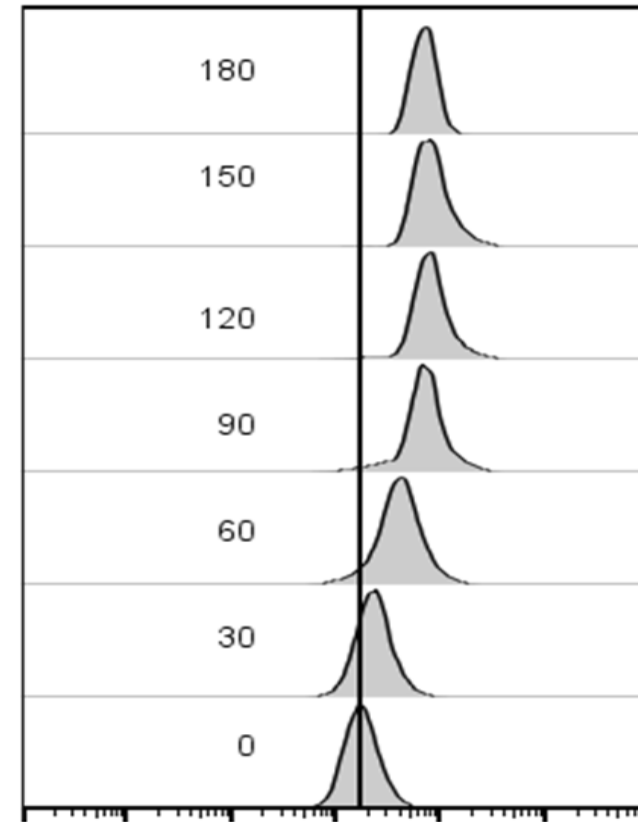
# **Implementation of new phenotypic methods in clinical diagnostics**

**- what challenges are we facing?**

# Challenge 1 - lag / log phase



Cell count



Cell size

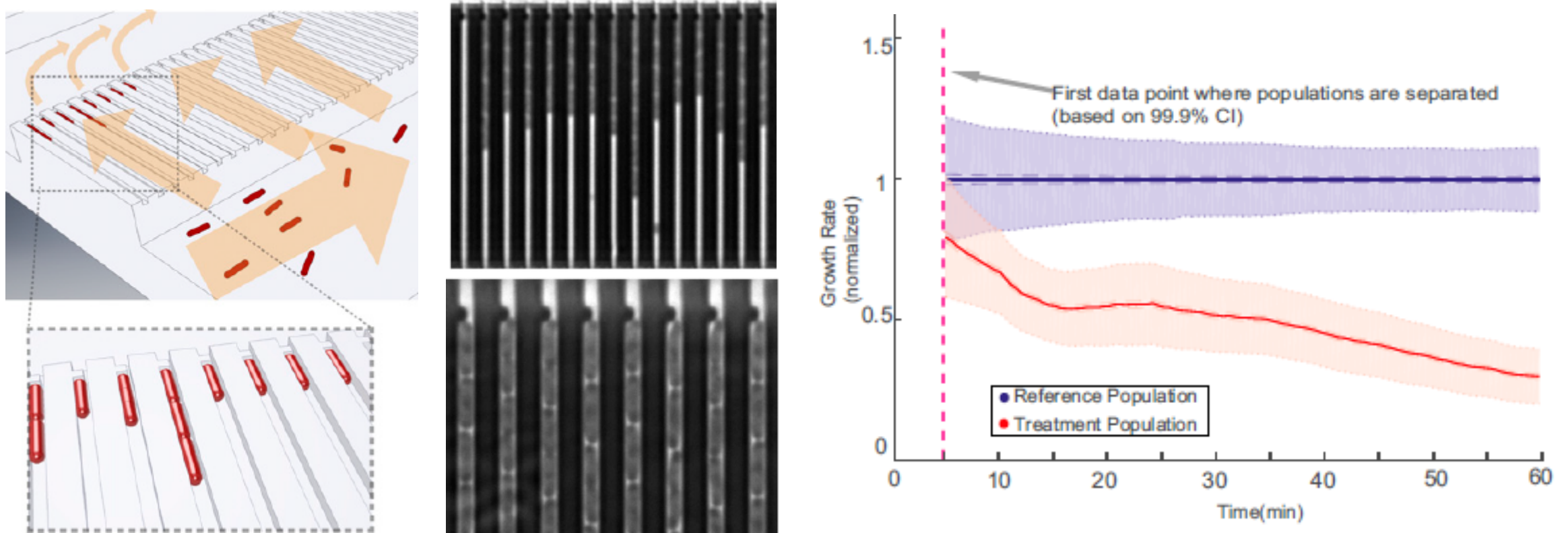


# Antibiotic susceptibility testing in less than 30 min using direct single-cell imaging

Özden Baltekin<sup>a</sup>, Alexis Boucharin<sup>a</sup>, Eva Tano<sup>b</sup>, Dan I. Andersson<sup>c</sup>, and Johan Elf<sup>a,1</sup>

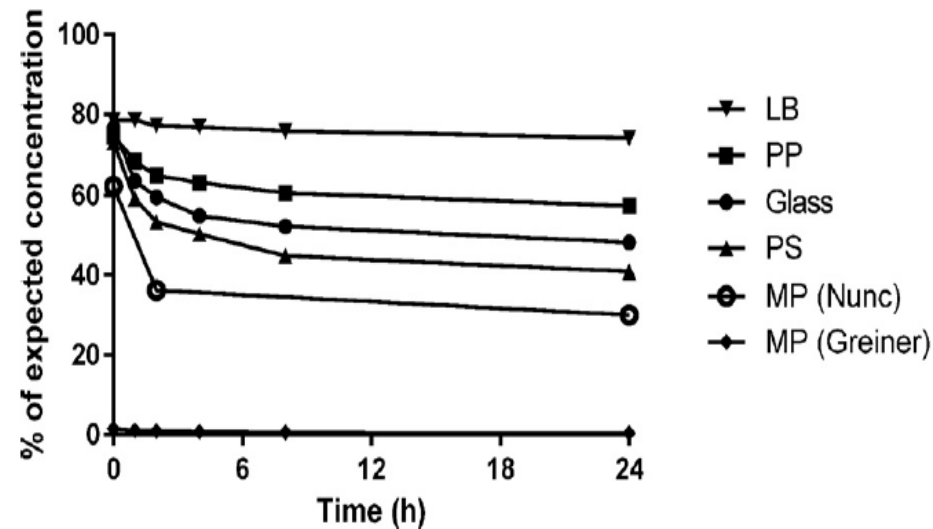
<sup>a</sup>Department of Cell and Molecular Biology, Science for Life Laboratory, Uppsala University, SE-751 24 Uppsala, Sweden; <sup>b</sup>Department of Medical Sciences, Uppsala University, SE-751 85 Uppsala, Sweden; and <sup>c</sup>Department of Medical Biochemistry and Microbiology, Uppsala University, SE-751 23 Uppsala, Sweden

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# Challenge 2 – difficult drug / bug combinations

## Colistin



## Combinations

Piperacillin / tazobactam  
Ampicillin / sulbactam  
Co-amoxiclav

# Challenge 3 – polymicrobial samples

## **Sterile fluids**

Blood, CSF

## **Non-sterile samples**

Urine, respiratory samples

# Challenge 4 – the need for large scale validation

Multi-center approach needed

Categorical agreement not enough

Borderline isolates must be included

Huge number of drug-bug combinations!



**Thank you for your attention!**

# Acknowledgements

## Växjö

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